



www.barrow.foodbank.org.uk

# Newsletter

Issue No 18 1/3/2017

## Foodbank Update

In February we fed 587 people of which 384 were adults and 203 were children, we received 2980.8 kgs of food and we distributed 6265.1 kgs of food.

With people struggling to afford food living locally, it is important that we continue to support families in crisis throughout the Easter period. We provide essential emergency food, emotional support and practical advice to local families who really need us.

We are asking people to join us in taking small actions to transform lives by giving up 40 pence for 40 days. With the addition of Gift Aid this comes to £20.

Or if you feel like challenging yourself to give something up during this period, why not donate the cost of what you save to the foodbank.

At the end of Lent on 13th April donate the money you've raised to the foodbank - details of how to do this and the gift aid form can be found here:

[www.barrow.foodbank.org.uk/2017/02/11/lent/](http://www.barrow.foodbank.org.uk/2017/02/11/lent/)

To donate online you can visit:

<https://www.charitychoice.co.uk/barrowfoodbank>



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## Thank You!

We give out Christmas hampers & presents with no expectations of acknowledgement so it was lovely to receive a thank you card from a young person who received a gift. "Dear foodbank, Thank you for the food you gave us at Christmas. Thank you for the lovely presents for me and my sisters. You were very kind."

## New Landline

Ulverston will be getting a landline phone on the 5th March. We will be posting the phone number on the web page and facebook after the 5th March.

If you would like to receive our newsletter by e-mail every month, please send your details to [newsletter@barrowfoodbank.co.uk](mailto:newsletter@barrowfoodbank.co.uk)



## IN OTHER NEWS



## Supermarket Collections

We are pleased to welcome Jane Coward as our Supermarket Co-ordinator.

We have some upcoming collections and we need volunteers to give 90 minutes of their time to give out shopping lists and asking customers to please buy one item of the list and donate it.

Tesco Metro, Flass Lane Barrow-in-Furness on 31 March and 1st April 2017

Tesco Extra, Hindpool Road, Barrow-in-Furness on 7th & 8th April 2017

Tesco Superstore, Lancashire Road, Millom on 21 & 22 April 2017

Please contact Jane if you can volunteer at Barrow on 01229 343436 or [supermarket@barrowfoodbank.co.uk](mailto:supermarket@barrowfoodbank.co.uk)

Please contact Tony Woodward to volunteer at Millom on [tonywoodward5@googlemail.com](mailto:tonywoodward5@googlemail.com)

## Volunteer Insight: Trustee Mike Bailey

I first volunteered around four years ago at the age of 75. I knew nothing about foodbanks until ours was set up. As the foodbank warehouse extended, I helped out by installing extra lighting and power sockets. I now spend my time inputting voucher data and helping out at Tesco collections.

I then took a place as a trustee, representing Churches Together in Barrow. I accepted this with some trepidation as in all my working life I had never been in management, let alone a company director! The other trustees welcomed me and we have an excellent relationship. As a member of the church I often liaise with the minister and diaconate with my "Trustee hat" on.

My wife volunteers in the warehouse so we are a foodbank family, we are not wasting our retirement, volunteering at the foodbank is a means of putting something back into the community, and it is much more satisfying than sitting at home watching daytime TV!



## We Honour Church Reps

The unsung heroes of Barrow Foodbank are the churches who donate faithfully and regularly and the church reps that bring the food to the foodbank. In 2012 it was the churches that helped us collect the 3 tonnes we needed before we could open. These donations underpin our work and whenever we are running short of stock items, they always respond.

The church reps also bring cash donations from parishioners for the purchase of food or towards the running expenses of the foodbank.

Bethany Church, Ulverston has been extremely generous in providing us the use of the church hall & facilities free of charge. Last year Abbey Road Baptist Church hosted a BBQ to say thank you to the volunteers of the foodbank and we thank them for their hospitality. We want to honour our churches and church reps and say a very big thank you for all you do!

## Barrow Foodbank

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